

Emergency Accommodation and Domestic Abuse Helplines

Scottish Domestic Abuse Helpline

0800 027 1234 (24/7)

<https://sdafmh.org.uk/contact-us/>

Samaritans

116 123

<https://www.samaritans.org/?nation=scotland>

Women's Aid Renfrewshire

0141 561 7030 (Monday- Friday 9-4pm)

<https://www.renfrewshirewomensaid.co.uk/>

Dumbarton District Women's Aid

Emergency Accommodation: 0800 197 1004

01389 751036 (Monday- Friday 9-4pm)

<http://www.ddwa.org.uk/>

Inverclyde Women's Aid

01475 888505 (Monday- Friday 9.30am-4.30pm)

<https://www.inverclydewomensaid.co.uk/>

Hemat Gryffe Women's Aid

Provides advice, support and safe temporary refuge accommodation for Asian, black and minority ethnic women

0141 353 0859

<https://www.hematgryffe.org.uk/>

Abused Men in Scotland

03300 949 395 (Monday- Friday 9-4pm)

<https://abusedmeninScotland.org/>

Men's Advice Line

0808 8010327 (Monday- Friday 9-8pm)

<https://mensadviceline.org.uk/>

National LGBT Domestic Abuse Helpline

0800 999 5428 (Monday- Friday 10-5pm, Wednesday/Thursday 10-8pm)

<http://www.galop.org.uk/>

Scottish Women's Rights Centre

08088 010 789

<https://www.scottishwomensrightscentre.org.uk/>

Sexual Assault and Rape Helplines

Archway Glasgow

Phone line only to be used when a patient has reported sexual assault or rape in last 7 days. Patient can self-refer to service.

0141 211 8175 (24/7)

<http://archway.sandyford.org/>

Sandyford

0141 211 8130

<https://www.sandyford.scot/>

National Rape Crisis Helpline

08088 01 03 02 7 days a week 6pm-12am

<https://www.rapecrisisscotland.org.uk/>

Victim Support Scotland

0800 160 1985 (Monday- Friday 8am-8pm)

<https://victimsupport.scot/>

Survivor's UK- Male Rape and Sexual Abuse

WebChat <https://www.survivorsuk.org/contact-us/>

Stalking

National Stalking Helpline

0808 802 0300

<https://www.suzylamplugh.org/>

Children and Young People Reporting Abuse (<18)

Emergency Social Work

Available 24/7 Via Switchboard

Police

101

Eighteen and Under

0800 731 40 80 (Monday- Friday 9-5pm)

<https://www.18u.org.uk/>

NSPCC

For adults concerned about a child: 0808 800 5000

For children: 0800 1111

<https://www.nspcc.org.uk/>

Adults Reporting Previous Childhood Abuse

Moira Anderson Foundation

01236 602890

<https://www.moiraanderson.org/>

Navigators

Can refer directly if in department (usually at weekends)

Or use referral forms by hand over area and they will facilitate patient follow up