

## **Glasgow Assessment and Management of Alcohol**



Please Attach Patient Label	Alcohol By Volume (ABV%)	Average Units (ABV% x Vol)
CHI: CRN:	Strong Lager 9% (440mls) Beer/ Lager 4.5% (Pint/500mls Can/Bottle) Wine (e.g.Buckfast) 15% (750mls) Wine (Table) 12% (750mls)	4.0 Units 2.2 Units 11.0 Units 9.0 Units
Name: Dob:	Wine (Table) 12% (175ml glass) Alcopops 5% (330mls)	2.1 Units 1.5 Units
Address:	Spirits 40% (25ml measure) Spirits 40% (¼ bottle 175mls) Spirits 40% (Litre)	1.0 Unit 7.0 Units 40.0 Units
Postcode:	Spirits 40% (700mls) Cider 4% (Litre) Cider 4% (440mls) Strong White Cider 8% (Litre)	30.0 Units 4.0 Units 1.8 Units 8.0 Units
	Strong White Cider 8% (300ml glass)	2.4 Units
Number of Units = ABV (%) x Volume (litres)  eg A bottle of wine (750mls) which is 12% ABV = 12 x 0.75 = 9 Units A glass of wine (200mls) which is 12% ABV = 12 x 0.2 = 2.4 Units		
Estimated Weekly Alcohol Units: Excessive Weekly Consumption  (Daily Units x Number of Days per Week) (♂: >21 units/week; ♀: >14 units/week)		
Estimated Date / Time Of Last Drink (If ≥ 5 Days, Re-consider Alcohol Withdrawal Status)		
Presents With (or has Previous History of) Alcohol Related Seizures  Yes No  Presents With (or has Previous History of) Severe Alcohol Withdrawal  Yes No		
Fast Alcohol Screening Tool - <u>I</u>	FAST:	
Note: 1 drink = 1 unit of alcohol (refer to table above)  Score of		Score of 3
MEN: How often do you have EIGHT or more drinks on one occasion?     WOMEN: How often do you have SIX or more drinks on one occasion?  FAST		or more:
Never $\square_0$ Less than monthly $\square_1$ Month	ly $\square_2$ Weekly $\square_3$ Daily or almost daily $\square_4$	Positive
How often during the last year have you been unable to remember what happened the night before because you had been drinking?		
Never $\square_0$ Less than monthly $\square_1$ Month	ly $\square_2$ Weekly $\square_3$ Daily or almost daily $\square_4$	
3. How often during the last year have you failed to do what was normally expected of you because of drinking?		
Never $\square_0$ Less than monthly $\square_1$ Month		FAST Positive?
4. In the last year has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?  Yes No		
, , ,	own?	Yes <u>No</u>
No □0 Yes, on one occasion □		Yes No

FAST 0-2: Negative: No action required.

FAST 3-8: Hazardous Drinking: Advise regarding safe drinking levels and offer information leaflet / advice.
FAST 9-16: Probable Dependent Drinking: Advice as above and consider referral to Addiction Liaison Service.