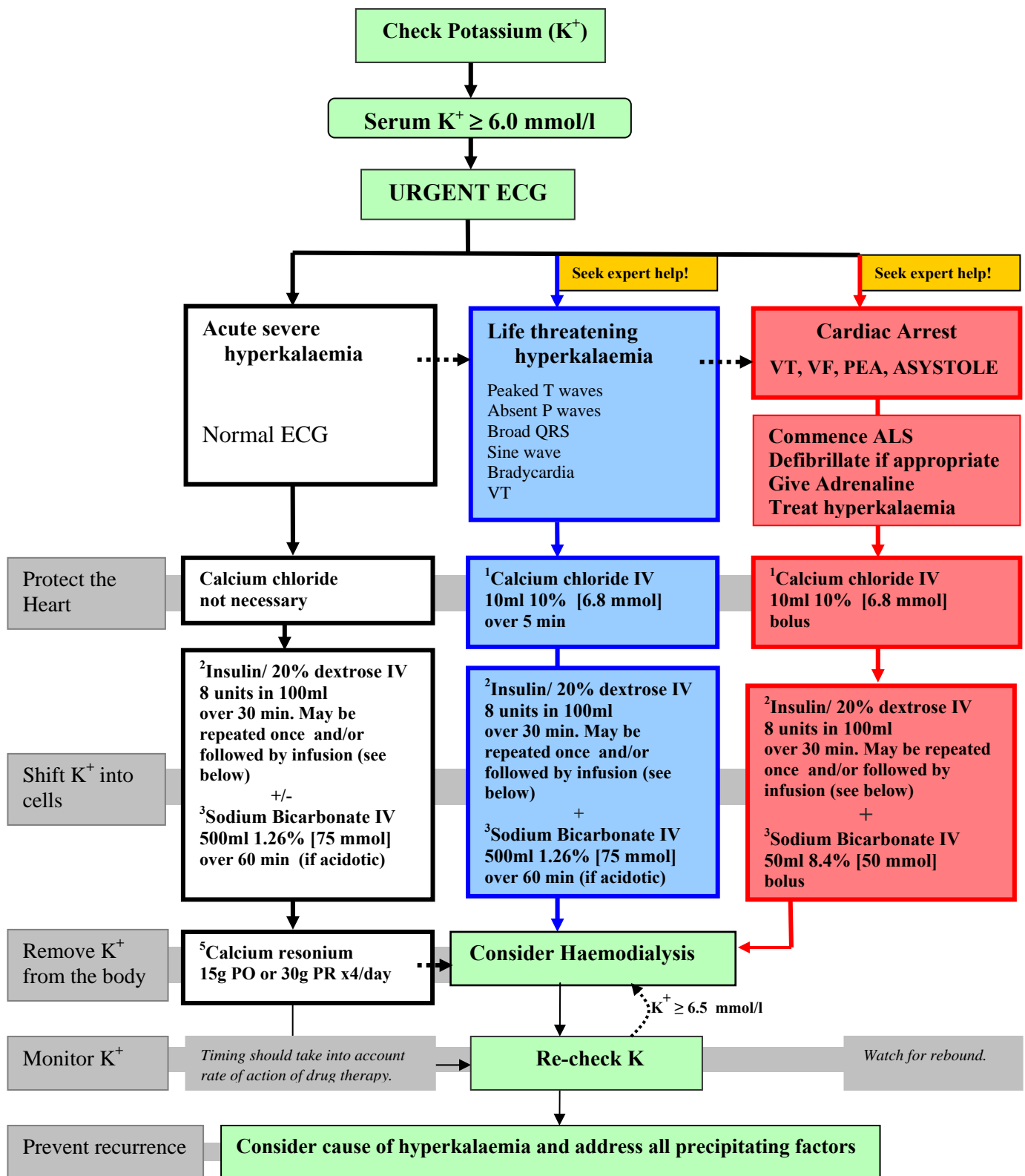


EMERGENCY MANAGEMENT OF HYPERKALAEMIA IN ADULTS



¹Calcium Chloride – Repeat every 2-3 min until QRS complex narrows or arrhythmia resolves. Calcium gluconate is acceptable but contains only 2.2mmol calcium therefore adjust dose.

²Insulin/dextrose – Use soluble insulin preparation and check blood glucose every 15 min. Infusion : same solution running at 5-10ml/hr

³Sodium bicarbonate - Indicated only if metabolic acidosis (bicarbonate < 15 mmol/l) present and should not be used as monotherapy.

⁴Salbutamol – Caution advised in presence of tachyarrhythmias. In patients with IHD, use only 10mg.

⁵Calcium resonium – Too slow for emergency treatment. Laxatives recommended to avoid constipation.

**NB. Sodium bicarbonate should only be given after discussion with consultant
In cases of DKA or Addisons do not give sodium bicarbonate in the ED**