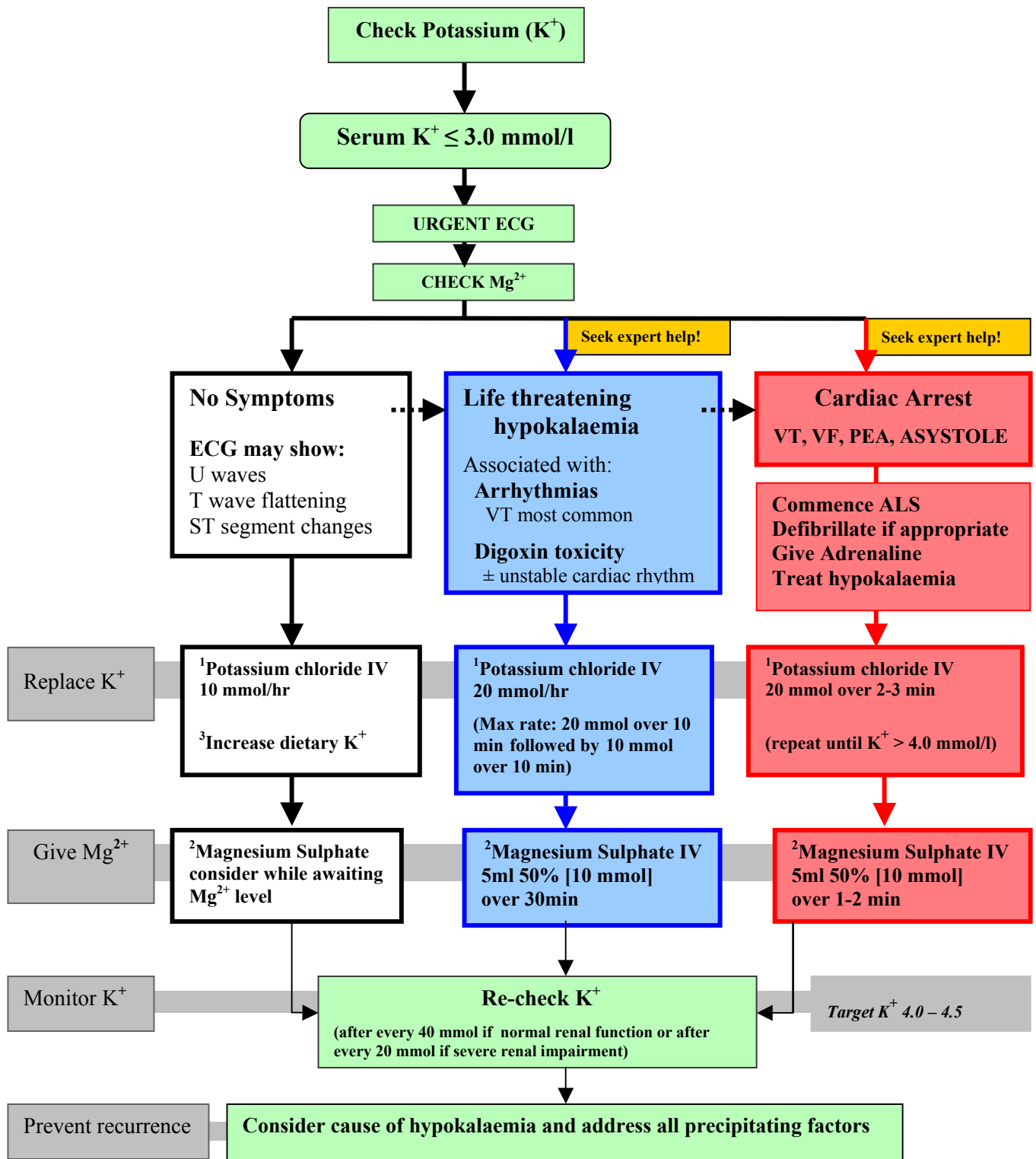


EMERGENCY MANAGEMENT OF HYPOKALAEMIA IN ADULTS



¹**Potassium Chloride** – standard concentration is 20 mmol K⁺ [1.5g] in 500ml 0.9% Saline. Higher concentration may be given in life-threatening circumstances – 20 mmol K⁺ [1.5g] in 100ml 0.9% Saline but seek specialist advice.

²**Magnesium Sulphate** – repletion of magnesium will allow more rapid correction of hypokalaemia.

³**Diet** – particularly important in patients with renal failure and advice from a renal dietician is valuable.

Oliguria – urine output < 400ml/day. Caution advised in potassium replacement in oliguric patients.

Dialysis Patients – PD patients are susceptible to hypokalaemia. Review dialysis prescription in HD patients.