



Patient advice for COVID-19 virus

- You have been assessed today in the Specialty Assessment and Treatment Unit (SATA) for suspected Covid-19 virus infection.
- It is extremely important that un-well patients in hospitals are not exposed to the infection so well patients are advised to stay at home.
- You have been assessed today and are well enough to be discharged from the hospital. As part of your assessment in the SATA Unit, you have had the test today for evidence of Covid-19 infection. You should have been told about your result prior to being discharged from the SATA Unit.

*If your test was **POSITIVE** then:*

What you need to do

You must self-isolate for 10 days from the date of your first symptoms.

What your household needs to do

Your household must self-isolate for 10 days from the date of your first symptoms.

What your extended household needs to do

Your extended household must self-isolate for 10 days if they have had contact with you either:

- in the 2 days before you symptoms started
- up to 10 days after your symptoms started

The 10 days starts from the last time they had contact with you.

- *If your test was **NEGATIVE** then:*

You do not need to self-isolate and can return to work if you feel well and have not had a high temperature for 48 hours. Your household does not need to self-isolate.

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- If any ill person in the household has not had any signs of improvement after 7 days, they should contact NHS 24 (111).
 - If you have tested positive, contact tracers (Local Team or National Contact Tracing Service) will then contact you by phone or text message and advice further when required.
 - Please visit [nhsinform.scot](https://www.nhsinform.scot) website for all of the above information in more detail.