

Headache Discharge

If discharging an adult patient following an attendance with a non traumatic headache

Please ensure all the following signs & symptoms are considered and excluded:

For use with over 15s only

	YES	NO
Headache reached a maximum intensity within 1 hour*	<input type="checkbox"/>	<input type="checkbox"/>
Age more than 40	<input type="checkbox"/>	<input type="checkbox"/>
Neck pain or stiffness	<input type="checkbox"/>	<input type="checkbox"/>
Witnessed loss of consciousness	<input type="checkbox"/>	<input type="checkbox"/>
Onset during exertion	<input type="checkbox"/>	<input type="checkbox"/>
Thunderclap headache (instantly peaking pain)	<input type="checkbox"/>	<input type="checkbox"/>
Limited neck flexion on examination	<input type="checkbox"/>	<input type="checkbox"/>

If the answer to any of these questions is yes, then discussion & review with senior on duty is required

*In patients with thunderclap headache, unenhanced CT of the brain should be performed as soon as possible and preferably within 12 hours of onset

Not for patients with new neurological deficits, previous aneurysms, SAH, brain tumours, or history of recurrent headaches (≥ 3 episodes over the course of ≥ 6 months)