



Analgesia & Regional Anaesthesia for Hip Fractures

This form should be used as a checklist for regional anaesthesia blocks for patients with hip fractures.

Blocks should be considered in addition to standard analgesia in most hip fractures requiring on going pain control in the ED. Fascia Iliaca Block (FIB) is the preferred block tho femoral block may be an alternative depending on familiarity of technique.

Nerve Block Checklist

All equipment needed is in Hip Fracture Regional Anaesthesia Box stored in main clinical area. Please restock after use.

Time:

Person performing block:

Levobupivacaine 50mg / 10ml (ie 0.5%) is stocked for this procedure Dilute 1 vial with 10ml saline to give 20 ml of a 0.25% solution :

The block generally requires 40mls of 0.25% tho a dose reduction is required depending on weight. (see Table for maximum dose of Levobupivacaine)

1-2ml of 1% lidocaine can be used for local skin anaesthesia

Type of blockFascia iliaca block (preferred)Femoral nerve block							Total Dose (mg):					
Limb: Consent: Site Cleaned Ultrasound-g Complication	Left Yes Yes Yes Yes			Right No No No No								
Pain score	0	1	2	3	4	5	6	7	8	9	10	
Pain score BEFORE Regional Block												
Pain score ON ADMISSION												
ED DOCTOR :						Time o	ime of Referral :					
Once hip fracture is identified contact Trauma Liason on 07816079919 or OOH Ortho on call on pge 56139 (day) or 56550 (night)												