

LOWER BACK INJURY ASSESSMENT PROFORMA

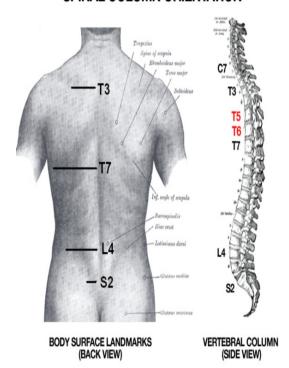
File for scanning inside the E D card, other relevant information must also be recorded on the E D card

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Mechanism of injury: Date of Examination:	Patient Sticky Label or write details:				Date of injury:		
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Widespread altered neurology							
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LOWER BACK INJURY ASSESSMENT PROFORMA

Assessment: Clinical Findings:

SPINAL COLUMN ORIENTATION



	Right Lower Limb		Left Lower Limb		
	Normal	Abnormal	Normal	Abnormal	
Tone					
Power					
Reflex					
Sensation					
Sciatic Stretch Test					

Movement: (Tick)	Full	Limited		Full	Limited
Weight bearing R Straight Leg Raise L Straight Leg Raise Back Flexion 60* Back Extension 35*			R Sided Flexion 20* L Sided Flexion 20* R Rotation 18* L Rotation 18*		

Diagnosis:						
Outcome:	Admit:		Refer:		Discharge:	
Treatment:	Physiotherapy Referral	Analgesia		Back Exercise Advice Sheet	Seen by DR/ENP Print name/ Sign	
	Yes /No	Yes /	No	Yes /No		
Give worsening advice regarding red flag signs of Cauda Equina Syndrome						
on discharge						

(Created by ENP D. Anderton and ED Consultant Dr V. McWhinnie Mat17)