

Health and Driving Advice TIA (mini-stroke)

Your doctor has diagnosed you with a transient ischaemic attack. (This is often referred to as a possible 'mini – stroke'). Due to this health problem **you have been instructed to stop driving** until you have been investigated further. ***If you become unwell whilst driving it may cause an accident placing you and others at risk.***

For car and motorcycle license holders

You must not drive for **1 month**. During this time you will have specialist outpatient review and will be advised further. You don't have to contact the DVLA at this time.

A letter will be sent to your GP informing them of your diagnosis and any further management required.

For bus, coach and lorry license holders

You must not drive these types vehicles and should inform the DLVA. As above you can't drive a car or motorcycle for 1 month and will be seen at outpatient clinic.

It is **your responsibility** to inform the DVLA and a legal requirement.

A letter will be sent to your GP informing them of your diagnosis and any further management required.

How to contact the DVLA

1) The DVLA website provides detailed information on health conditions and driving:

www.gov.uk/driving-medical-conditions

2) You can also contact them by phone - 0300 790 6806

What to expect next

In about 6 weeks you should receive a decision or advice from the DVLA on what will happen next. They may contact your GP or hospital specialist for further information and you may be asked to attend appointments for further investigation.