

## EMERGENCY DEPARTMENT AND MINOR INJURY UNITS

### ROYAL ALEXANDRA HOSPITAL

TELEPHONE: 0141 314 7294

### INVERCLYDE ROYAL HOSPITAL

TELEPHONE: 0141 314 9504

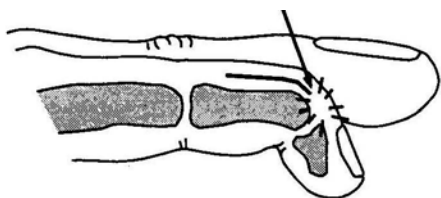
### VALE OF LEVEN HOSPITAL

TELEPHONE: 01389 828599



## MALLET SPLINT

You have a condition known as a “Mallet Finger”.  
You have torn the tendon (guider) that straightens  
the tip of your finger.



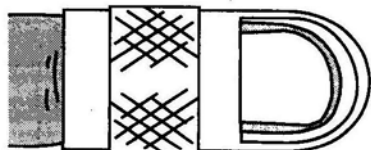
*A tear in the  
tendon*

The tendon will heal without operation as long as you  
wear the splint that we have given you

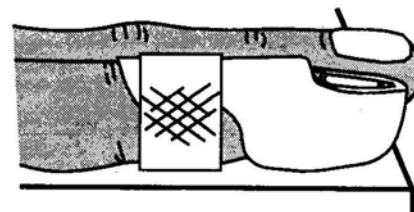
**CONTINUOUSLY FOR A FULL 6 WEEKS**

Occasionally if the bone is fractured (broken) we may  
advise you to wear the splint for less than 6 weeks.

*Splint in  
position*



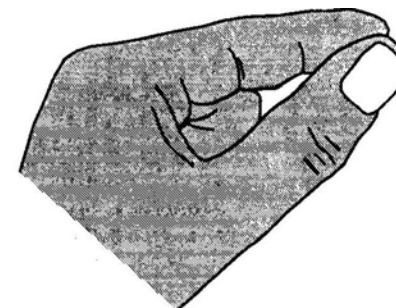
You will periodically need to remove the splint in order to  
clean and dry your finger. To do this you must put your hand  
flat on the table so that the tip of the mallet finger is kept  
straight while you remove and replace the splint.



*Finger flat on  
a table*

You must hold the mallet finger straight with the thumb of the  
same hand while you wash and dry the finger. Do not let the  
tip bend at any time or all the good work done by the splint  
will be undone.

*Keep tip  
Straight*



If you are experiencing problems with your splint i.e., if splint  
loosens or the skin under the splint has become broken or  
blistered, please return to the Emergency Department .

**Monday – Friday 9.00am – 5.00pm** for review.