

Information for Patients Referred to  
**Plastic Surgery Trauma Service**



Plastic Surgery  
Canniesburn Plastic Surgery Unit  
2nd Floor  
Jubilee Building  
Glasgow Royal Infirmary  
Glasgow  
G4 0SF

You have been referred to the Plastic Surgery Unit for us to assess your injury. Depending on your injury, and the treatment we recommend, you may need to have surgery. This may be on the day of your appointment or several days later.

**We advise you not to drive yourself to the hospital in case you need surgery.**

You will have a review appointment on:

**Date:**

**Time:**

Location: Ward 47  or Ward 49  (tick as appropriate),  
Canniesburn Plastic Surgery Unit  
2<sup>nd</sup> Floor, Jubilee Building, Glasgow Royal Infirmary, G4 0SF.

If you are having surgery you may have:

- a general anaesthetic,
- local anaesthetic or
- local anaesthetic with sedation

## **On the day of your review**

As you may be having surgery, do not have anything to eat, including chewing gum, unless we tell you otherwise. You may have a small glass of water before 6.00am and you can take your normal medications including antibiotics and painkillers unless we tell you not to.

## **What to bring**

- Please bring any medications that you are prescribed by your GP or may have been given in Accident and Emergency.
- a toilet bag
- slippers
- nightdress or pyjamas and a dressing gown

## **How to care for Injuries and Wounds**

- Keep the wound or dressing clean and dry.
- For hands and arm injuries please keep the limb raised in a sling, (if you have a sling) during the day and rest your hand and or arm on a pillow at night. Raising the injured limb will help to reduce the pain and swelling. Try to remove any rings as the injured limb may swell and cause rings to become tight and difficult to remove.
- For a leg injury please rest the leg on a pillow when you are in bed and try to keep it raised if possible when you are sitting.
- For facial injuries try to remain upright if possible and sleep with extra pillows to reduce swelling.
- You may have some bleeding from the injured area, please don't panic. Apply some gentle pressure for 5-10 minutes and raise the injured area if possible. If the area continues to bleed please contact us for advice on one of the contact numbers on the back page.
- If you experience any pain, raising the injury can help. You may take some painkillers like paracetamol or codeine and, or ibuprofen (unless you have been told not to take any of these above medicines for medical reasons). If you continue to experience pain that is unbearable or getting worse please get advice from one of the contact numbers on the back page.

## **On the Day of your Surgery**

If you need surgery, please arrive on time as we will assess you before your surgery.

Trauma is very unpredictable and even though we have given you a time, we will triage you according to your medical needs and the needs of other patients too. We have to prioritise the times of surgery according to the severity of the injuries.

We will try to give you as much information as we can regarding the time of your surgery but this is not always possible and may change.

There is a possibility that your surgery may be delayed or even cancelled if the operating theatre or the surgeons are required for another patient with more severe injuries than your own. We will tell you as soon as possible if we have to cancel your surgery.

## **After your Surgery**

Depending on your surgery and your general health you may be able to go home on the same day or we will ask you to stay overnight or longer.

We may ask you to stay in hospital so that you can have antibiotics through a drip (intravenous infusion). If this is the case you may have to stay overnight or longer.

**Raising your Limb** - In the case of a limb injury, most of the time we prefer you to raise the injured limb which helps to reduce any swelling, pain or bleeding.

**Watch for bleeding** - Please keep an eye on your injury for any bleeding. You may experience some bleeding. If this happens apply some gentle pressure to the bleeding area and raise the area if possible. If the bleeding continues please contact us for advice on one of the contact numbers over the page.

**Care of your Dressing** - Please keep your dressing clean and dry unless we tell you that your dressings are waterproof. Depending where your injury is, you may be able to cover the area with a plastic bag and seal the bag with tape so you can shower, or bathe.

**Driving** - DVLA states that, it is the responsibility of the driver to make sure that, they are able to fully control a vehicle at all times, and demonstrate so, if stopped by the police. Therefore, we advise you not to drive with any injury until you are fully able to control your vehicle. **If you have had a general anaesthetic, you must not drive for at least 24 hours after.**

**Moving the injured area** - This depends on where your injury is. We will tell you before you go home if you can move the injured area.

**Working** - You may need to take time off work for few days or weeks according to your injury and the job you do. If you need a Fitness For Work Statement (previously known as a sick line) please let us know.

**Physiotherapy** - You may need Physiotherapy. We will arrange this before or shortly after you go home and give you information on this.

**Stitches or staples** - You may need your stitches removed. Some stitches are soluble which means we do not need to remove them. If you need any stitches or staples removed this may take place in Plastic Surgery Out Patient Department or by your local Treatment Room. We will tell you where you need to go before you go home.

**Signs of infection-** If the area becomes red, warm to touch or more painful or you feel feverish please contact us on the numbers below or your local Accident and Emergency Department.

## Contact Numbers

Ward 47 .....	0141 211 5785
Ward 49 .....	0141 211 5792
Out Patient Department .....	0141 211 5737

## Consultants

Mr. Taggart

Mr. Watson

Mr. Hart

Mr. Mackay

Mrs. Weiler-Mithoff

Mr. Scott

Mr. Kirkpatrick

Mr. Morley

Mr. Malyon

Ms Strick

Mr. McGill

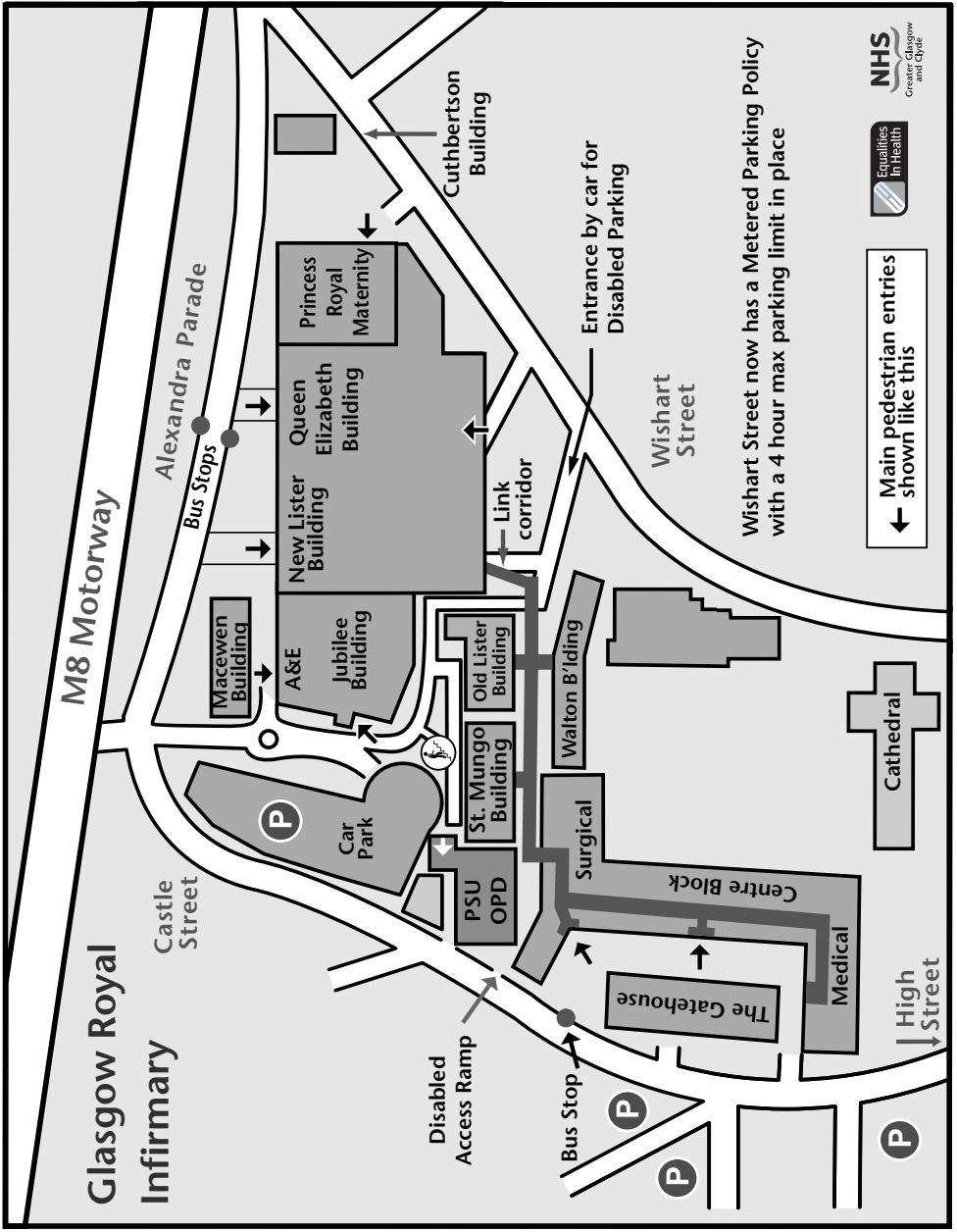
Mr. Russell

Mr. Thompson

Mr. Tohill

Mr. Chew





Wishart Street now has a Metered Parking Policy with a 4 hour max parking limit in place

Main pedestrian entries shown like this