

Information for Next Day Surgical Procedures

Patient sticky label	Surgical Speciality: Consultant: Dept initially seen at: Seen by: Date: Discussed with
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Before the operation –

It is important that your child is fasted correctly before the operation. Please follow these instructions carefully: -

Your child must have NO food	2.45am
No milk/formula milk or milky drinks after	2.45am
No breast milk after	4.45am
Diluting juice or water ONLY up to	6.45am
DO NOT give your child fizzy drinks on the day of admission.	

Admission Procedures –

On arrival at the hospital, please go directly to –

WARD.....	TIME.....	DATE.....
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We would ask that a maximum of 2 people attend with the child. Please avoid bringing siblings. **One parent/legal guardian must attend to sign the consent form.**

What to bring with you –

Please bring front fastening pyjamas and slippers. If you do not have them, we can provide theatre gowns.
If your child has been prescribed regular medications, please bring a list of the medicines with you.

Going home –

Your child's stay could take most of the day or possibly overnight. Please make sure that you have transport to take them home. **Public transport is not acceptable following an anaesthetic.**

Please make sure that you have paracetamol at home.