

Central Line Insertion: what you will need

If central line pack available you will need

Silver trolley
Central line pack
Chloraprep
Sterile scissors
Stitch cutter
Saline Flush x4
3 way tap x4
Central line - arrow quad lumen
Medium
Sterile gloves (ask Dr which size)
Theatre gown
Local Aesthetic
(check with Dr regarding preference):
Lidocaine 1%, lidocaine 2%

If Central line pack not available you will

Silver Trolley
Drape
Dressing pack
Chloraprep
10mls syringe x2
Green needle
blue needle
disposable scalpel
hand held sutures size 0
ultrasound probe cover
stitch cutter
sterile scissors
Saline Flush x4
3 way tap x4
Central line – Arrow quad lumen
medium tegaderm
sterile gloves (ask Dr which size)
Sterile gown

Local Aesthetic
(check with Dr regarding preference):
Lidocaine 1%, lidocaine 2%

Central Line Insertion: Instructions

Step 1 central line pack

Clean silver trolley
open up central line pack ensuring inside
remains sterile

Step 1 no central line pack

Clean Silver trolley
Cover trolley with drape

Step 2

open the following items out onto the sterile
field

Chloraprep
Sterile scissors
Stitch cutter
Normal Saline flush – fill small compartment
of tray in dressing pack
4x 3 way tap
Central line - arrow quad lumen
Sterile gloves
Theatre gown

Step 2

open the following items out onto the sterile
field (on top of drape)

Dressing pack
Chloraprep
10ml syringe x2
Green needle
Blue needle
Disposable scalpel
Hand held sutures size 0
Sterile scissors
Stitch cutter
Ultrasound probe cover
Normal Saline flush (Fill pot from dressing
pack with Normal Saline)
4x 3 way tap
Central line - arrow quad lumen
Medium tegaderm
Sterile gloves
Theatre gown

Keep local anaesthetic to one side, then the Dr is sterile they will ask you to hold the vial
while they draw up the anaesthetic